



## About the Race . . .

The Batavia Mothers' Club Foundation proudly presents the 9th Annual Fox Trot 5K Run/Walk. The race begins on Houston Street just east of Water Street. It follows the bicycle trails along the scenic Fox River, providing a paved, relatively flat course perfect for all runners and walkers. Trot into spring with us!

### Race Information

**Date:** Sunday, April 26, 2009

**Location:** Batavia Riverwalk, corner of Island Ave. & Houston St., Batavia, IL

**Race Day Registration/Packet Pick-up:** 6:30-7:40 a.m.

**Race Start Time:** 8:00 a.m.

**Awards Ceremony:** 9:00 a.m.

### Course

- The course is certified by USA Track and Field (#IL-05107-JW).
- A detailed course map is available at [www.bataviamothersclub.org](http://www.bataviamothersclub.org)
- Split times will be provided at each mile marker.
- Water will be provided at the halfway point.
- No strollers, pets, bicycles, roller or in-line skates are allowed in the race.

### Runner Awards

- Trophies and prizes will be awarded to first, second and third place overall winners in both the male and female categories.
- Medals will be awarded to the first, second and third places in each of CARA's 5-year age categories.
- The 5K Walk is non-competitive.
- The elementary school with the most participation will win a "Free Cone Night."

### Entry Fees

**Run/Walk:** \$20.00/person; \$25.00/person after 4/24. \$2.00 Discount for CARA Members who pre-register. Additional t-shirts may be purchased for \$15 each.

### Registration

**Online:** You may register online at [www.signmeup.com/63393](http://www.signmeup.com/63393). There is no additional charge for this service, and you may pay with credit card or check. Online registration will close at midnight on 4/24. (Check payments online need to be submitted by 4/14.)

**Mail:** To pre-register by mail, please send the completed and signed entry form along with your check made out to Batavia Mothers' Club Foundation to: Batavia Mothers' Club Foundation; Attn: Fox Trot; P.O. Box 91; Batavia, IL 60510. Your pre-registration must be postmarked by 4/22.

**Race Day:** You may also register on race day. No CARA discount given for race day registrants.

### Cancellation Information

The Batavia Mothers' Club Foundation reserves the right to cancel the race due to extreme weather conditions that might endanger the health and safety of the participants. Sorry, no refunds.

### Contact

Beth Feller 630-748-1501

[foxtrot@bataviamothersclub.org](mailto:foxtrot@bataviamothersclub.org) • [www.bataviamothersclub.org](http://www.bataviamothersclub.org)

### Included with 5K Registration

A commemorative t-shirt (S, M, L, XL, XXL) and a goodie bag are guaranteed to the first 400 registered for the 5K Run/Walk. Additional t-shirts may be purchased for \$15.

### Timing and Race Results

Timing and Race results will be provided by Race Time, Inc. These results will be available at [www.racetime.info](http://www.racetime.info), [chicagoa.com](http://chicagoa.com) and [www.cararuns.org](http://www.cararuns.org).

### Kids' Fun Runs

We offer three non-competitive fun runs of various lengths depending on age.

- Tot Trot for preschoolers, approx. 50 yards
- Junior Jog for grades K-2, approx. 1/4 mile
- Youth Run for grades 3-5, approx. 1/2 mile

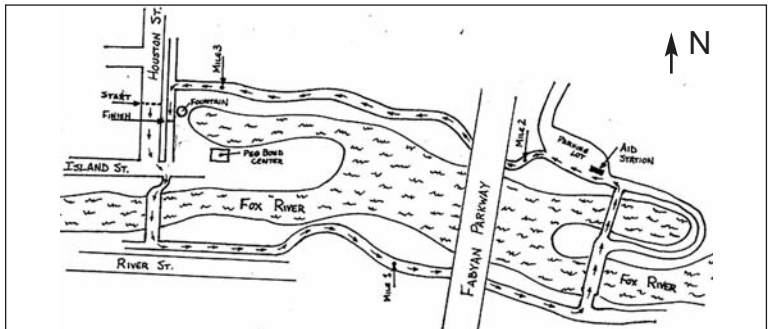
Children must be accompanied by an adult. Medals, goodie bags and t-shirts are guaranteed for the first 50 registered in each event. The elementary school with the highest participation will receive a "Free Cone Night."

**Cost:** \$8/child; \$10/child after 4/24

**Pre-Registration:** same options as listed for 5K

**Day of Registration:** Closes at 8:45am

**Race Activities Start:** 9:15am



### Directions and Parking

**From east:** West on I-88, north on Farnsworth Ave., west on Wilson St., north on Island Ave.

**From north:** South on Randall Rd., east on Wilson St., north on Island Ave.

Parking is available north of the Government Center and along N. Island Ave. and S. Water St. No parking on Houston St. until after the race starts.



# PRE-REGISTRATION FORM



Sunday, April 26, 2009

## Batavia Mothers' Club Foundation

We, the members of the Batavia Mothers' Club Foundation, dedicate ourselves to improving the quality of life of the children of our community through philanthropic endeavors. For more information or to become a member, please visit our website, [www.bataviamothersclub.org](http://www.bataviamothersclub.org).



Last name \_\_\_\_\_  
First name \_\_\_\_\_ Middle Initial \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Date of Birth \_\_\_\_\_  
Email \_\_\_\_\_ Age on 4/26/09 \_\_\_\_\_

**Supporter of:** (circle one) Alice Gustafson Grace McWayne  
HC Storm Hoover-Wood J.B. Nelson Louise White

(Sizes guaranteed to pre-registered entrants)

- 5K Run \$20/person  
(circle) Male Female T-shirt (circle) S M L XL XXL
- 5K Walk \$20/person  
(circle) Male Female T-shirt (circle) S M L XL XXL
- Kids' Fun Run \$8/child  
(circle) Tot Trot Junior Jog Youth Run
- CARA Member # \_\_\_\_\_ \$2 discount

TOTAL\$ \_\_\_\_\_

### Payment Method:

- Credit Card: Visa Mastercard  
Credit Card # \_\_\_\_\_  
Expiration Date \_\_\_\_\_ 3 Digit CVC code \_\_\_\_\_
- Check

Waiver: Please read this form carefully and be aware that in registering yourself or your minor child/ward for participation in the above event, you will waiving and releasing all claims for injuries you or your child/ward might sustain arising out of the above event. I recognize and acknowledge that there are certain risks of physical injury to participants in the above event and I agree to assume the full risk of any such activities connected with any such program. I waive and relinquish all claims I or my child/ward may have against the Batavia Mothers' Club Foundation and its officers, agents and/or members and the Chicago Area Runners Association from any and all claims from injuries, damage, or loss which I or my child/ward may have or which may occur to me or my child/ward in the above event. I further agree to indemnify and hold harmless and defend the Batavia Mothers' Club Foundation and its officers, agents and members from any and all claims resulting from injuries, damages, and losses sustained by me or my child/ward, and arising out of, connected with, or in any way associated with the activities of any program(s).

(Parents sign for child under 18\*)

\_\_\_\_\_  
Signature Date \_\_\_\_\_

Send registration forms to:  
Batavia Mothers' Club Foundation  
Attn: Fox Trot  
P.O. Box 91  
Batavia, IL 60510  
UNSIGNED ENTRIES WILL BE RETURNED

BMCF use only, bib # \_\_\_\_\_

## CARA

Chicago Area Runners Association (CARA) is a non-profit organization devoted to expanding, motivating, supporting, and celebrating the running community of Chicagoland. CARA connects runners to resources that enable them to run-further, faster, better, for life. [www.cararuns.org](http://www.cararuns.org)

